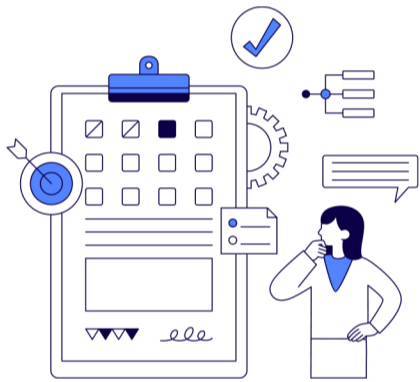




Four Ways to Be Proactive at Work

1. Seek Feedback

- **Tip:** Regularly ask for input on your work.
- **Why:** It shows initiative and helps you grow.

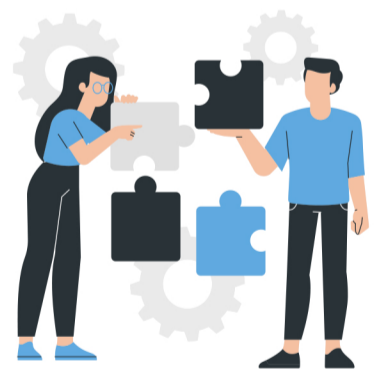


2. Plan Ahead

- **Tip:** Break goals into clear steps and set deadlines.
- **Why:** Reduces stress and ensures preparedness.

3. Anticipate Problems

- **Tip:** Identify challenges early and plan solutions.
- **Why:** Reduces unexpected issues.



4. Learn from Mistakes

- **Tip:** Analyze errors and adjust your approach.
- **Why:** Prevents repeating mistakes.